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# Health e Connections Newsletter

This month, we're highlighting AI in Medicine, it's opportunity, urgency, and guardrails for physician practices.

We're excited to share the release of my new book on embezzlement in healthcare, which sheds light on how frequently it occurs, even in practices that least expect it.

Take our Undercoding Insights Report, a free resources designed to uncover missed revenue opportunities in coding. It highlights common undercoding patterns and helps identify areas where your practice may not be capturing the full value of services provided.

You'll find additional tools and educational opportunities to strengthen financial leadership.

Explore the sections below, and if any topics align with challenges you're facing, our team is always here to help.

Kind regards,  
Jill Arena  
CEO, Health e Practices

[Book a strategy call](#)

**NEW ARTICLE:**

# AI in Medicine: Opportunity, Urgency, and Guardrails for Physician Practices

by Eric Schulz, MBA - *Director of Consulting, Health e Practices*

AI's biggest impact in physician practices isn't in futuristic clinical care; it's in relieving everyday administrative burdens. From documentation to patient communication, the right tools can save time and reduce strain. But success depends on choosing targeted, practical solutions and avoiding overhyped promises.

[Read more to learn how to adopt AI strategically in your practice.](#)

[Read the article](#)

## NEW BOOK:

### **The Embezzlement Epidemic in Medical Practices: How It Happens and How to Stop It**

"She was like family"

It's one of the most common and most painful phrases physicians say after discovering embezzlement in their practice.

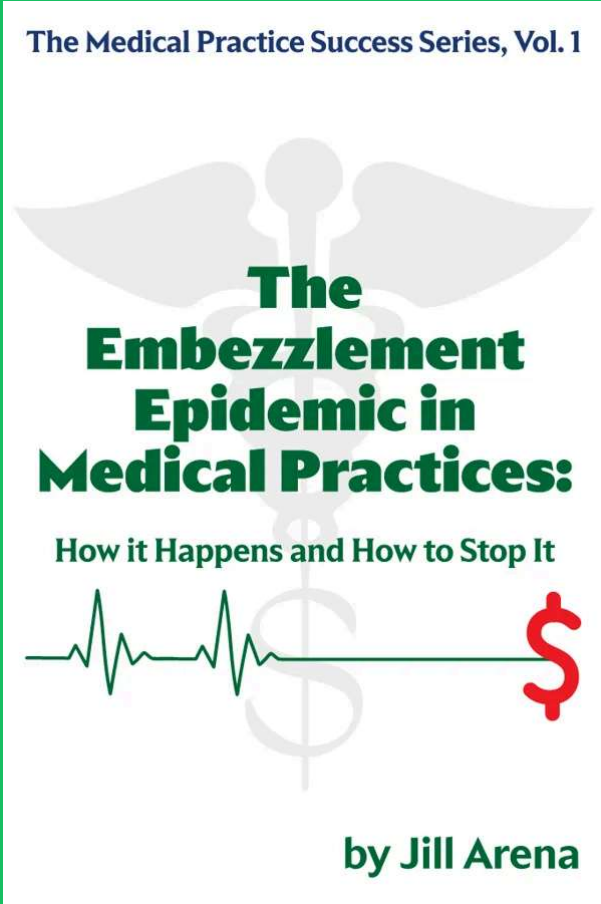
In medicine, trust is foundational. When that trust exists without the right financial systems in place, it can quietly become a liability.

The Embezzlement Epidemic reveals how trusted employees exploit weak systems, why physicians often miss the warning signs, and what leaders can do to protect their practices before it's too late.

Blending real-world stories with practical, easy-to-implement strategies, this book gives physicians and administrators the clarity and confidence to take control of their financial operations—without losing focus on patient care.

If you run a medical practice, this is required reading.

The Medical Practice Success Series, Vol. 1



**The  
Embezzlement  
Epidemic in  
Medical Practices:**

How it Happens and How to Stop It



by Jill Arena

Notify me when it's released

## **FREE Health e Practices Medical Practice Success Webinar Series**

This is a free monthly educational program designed for physicians, practice administrators, and healthcare leaders who want to stay ahead in an evolving healthcare landscape.

Each session delivers practical insights across one of three critical areas:

- Consulting
- Coding
- Revenue Cycle Management

## June 10, 2026 at 10:00 AM PT

**Topic:** Coding

**Title:** The Million-Dollar Problem Nobody Is Talking About: Physician Undercoding

**Presenter:** **Jill Arena** - CEO at Health e Practices

## July 8, 2026 at 10:00 AM PT

**Topic:** Revenue Cycle Management

**Presenter:** **Shawntea (Taya) Gordon, MBA, FACMPE** - Chief Revenue Cycle Officer and **Noelle Ash** - Director of RCM at Health e Practices

[Sign up here](#)

## Health e Practices On the Road: MGMA Financial Conference Recap

What are today's **biggest financial pressures** for medical groups and how are leading organizations responding?

Following the MGMA Financial Conference, Jill Arena and Taya Gordon shared key insights and emerging trends shaping the future of medical group financial performance, reimbursement strategy, and operational sustainability.

Read their recap: [What MGMA's FinCon Made Clear: 3 Financial Priorities for Medical Groups Right Now](#)

**Are You Getting Paid for the Care You're  
Already Providing?**

Many organizations unknowingly leave revenue on the table through undercoding without realizing it. Small coding differences can add up to significant reimbursement gaps over time, all while providers continue delivering the same level of care.

Our **Undercoding Insights Report** helps you uncover potential missed opportunities by comparing your coding patterns against specialty benchmarks.

Discover whether your organization may be undercoding and identify opportunities to improve revenue from the care you already provide.

[Request Your Undercoding Insights Report](#)

## Continuing Education

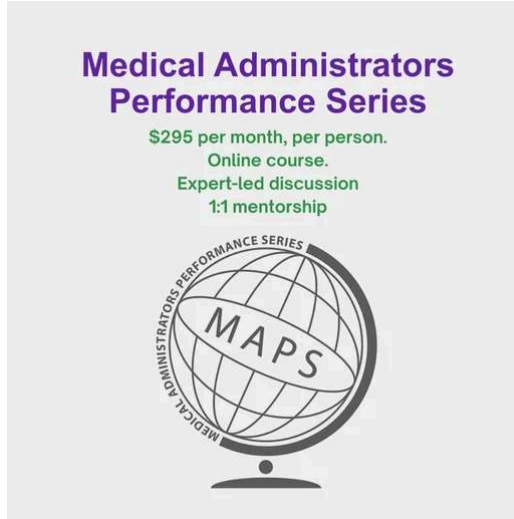
Educational programs for administrative and medical staff include:



### [Revenue Cycle Leadership Series \(RCLS\)](#)

- brings healthcare leaders together in a monthly online cohort to strengthen financial and revenue cycle best practices

- learn from industry experts, collaborate with peers, and apply insights that drive real results.



**Medical Administrators Performance Series (MAPS).**

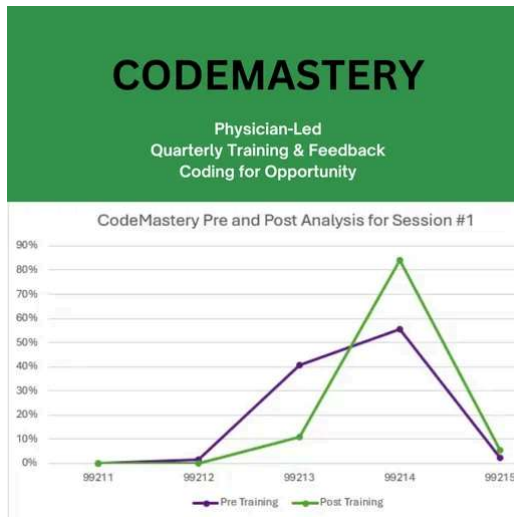
- a monthly program for medical admins to help you elevate leadership and practice performance

- learn, discuss, and connect through self-paced coursework, expert-led group discussions, and 1:1 mentorship



### Front Office Revenue Cycle Education (FORCE)

- an in-depth, expert-led course
- teaches front office staff how accurate patient information, effective collections, and insurance understanding can boost your practice's bottom line
- participants who complete the training and exam receive a certificate of completion and support better financial outcomes from the front office



### CodeMastery

- a year-long, physician-led program
- helps clinicians master coding and documentation with confidence and accuracy to maximize revenue and financial performance
- designed by physicians, for physicians
- training blends quarterly online sessions and personalized feedback to ensure clinicians get paid for the care they already deliver

[Visit our website](#)

Have questions about growing your practice, improving your processes,  
or developing your staff? [Book a Discovery Call here](#) or email  
[info@healtheps.com](mailto:info@healtheps.com)

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