



Health e Connections Newsletter

New Year, New Ways to Help Grow Your Practice

Welcome to 2025!

As we step into this exciting new year, Health e Practices is proud to continue being your trusted partner in consulting and revenue cycle management.

We're dedicated to supporting independent healthcare practices of every size and specialty across the U.S.

No matter your practice's needs, we're here as your go-to support team, ready to jump in whenever and wherever you need us. Tell us where it hurts—whether your medical group is big or small, primary care or subspecialty, we're equipped to provide comprehensive financial, HR, and strategic solutions in one place.

We're also excited to keep you informed and inspired through our weekly newsletter. Each issue is designed to keep you up to date on industry trends, operational insights, and tools to help your practice thrive. Plus, we feature an article written by one of our consulting experts—leaders in finance, human resources, billing, clinic operations, IT, and more. You won't want to miss this week's feature, penned by senior consultant Kate Grabenhorst, as she dives into the importance of investing in human and social capital for sustainable growth.

In addition to the newsletter, we invite you to explore our [blog](#) and tune into our [podcast](#). Both are packed with valuable resources, strategies, and real-

world solutions to help independent practices like yours succeed.

In 2025, our commitment remains the same: enhancing your practice's financial health, connecting the right talent to the right roles, crafting roadmaps for enduring success, maximizing insurance reimbursements, and more. Together, let's make this year one of growth, success, and progress.

Cheers to a prosperous 2025!

[Send Us Your Question](#)

Building a Thriving Medical Practice

The Case for Investing in Human and Social Capital
by [Kate Grabenhorst](#), Senior Consultant

Investing in human capital and social capital is vital for medical groups to build sustainable, high-performing practices.

Our latest article, by senior consultant Kate Grabenhorst, reveals the strategic advantages of enhancing skills and fostering teamwork to not only boost patient satisfaction but also significantly increase your revenue. Discover how these investments can transform your practice into a leader in exceptional care while aligning with your mission for sustainable growth.

Kate brings over 14 years of experience in managing diverse specialty practices, with expertise spanning finance, HR, clinic operations, and strategic growth initiatives. Having successfully overseen clinic expansions, provider recruitment, and practice mergers, she understands what it takes to create a thriving, collaborative culture. Her servant leadership style and passion for empowering teams to excel make her insights on investing in human and social capital a must-read for any medical group looking to achieve sustainable growth and exceptional patient care.

[Read the Full Article](#)

Want to Maximize Your Revenue?

Introducing... CodeMastery

Learn coding and documentation shortcuts

CodeMastery is a **year-long customizable program** that trains physicians to **optimize their coding practices** and ensure they're adequately compensated for the work they have already performed.

The program is structured around quarterly training sessions, where physicians and clinicians receive **detailed feedback and actionable steps to improve their coding**. The initial training sessions are designed to yield immediate results, with ongoing support to refine practices over time, including some 1:1 coaching.

Discover More



Continuing Education

Educational programs for administrative and medical staff include:

- [Front Office Revenue Cycle Education \(FORCE\)](#): Understanding the impact your front desk has on your clinic's bottom line
- [Revenue Cycle Leadership Series \(RCLS\)](#): Integrating best practices in financial and revenue cycle management

- [Medical Administrators Performance Series \(MAPS\)](#): Taking leadership performance to the next level
- [Physician Leadership Project \(PLP\)](#): Building a confident, skilled, and well-networked community of physician leaders

Visit our website to see these programs and more!

[Visit Our Website](#)

Have questions about growing your practice, improving your processes, or developing your staff? [Book a Discovery Call here](#) or email info@healtheps.com

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